

**FAITH CONNECTIONS  
FOR  
VETERANS AND FAMILIES WHO EXPERIENCE TRAUMA/TRANSITION SITUATIONS**

**OUTCOMES:**

1. PERSONS ARE EQUIPPED WITH FAITH CONNECTION PRACTICES WHICH FOCUS ON NEW LIFE DIRECTIONS .
2. VETERANS AND FAMILIES WITH TRANSITION/TRAUMA SITUATIONS ARE LINKED WITH FAITH CONNECTION PRACTICES FOR NEW LIFE DIRECTIONS.
3. PERSONS PRACTICE GOD'S THUMBS UP AS FAITH CONNECTIONS

**A TWO SESSION WORKSHOP  
FOR  
PERSONS OF FAITH INTERESTED IN BEING EQUIPPED WITH THE THREE OUTCOMES.**

**EPIPHANY LUTHERAN CHURCH  
MOUNT VERNON, VIRGINIA**

**FEBRUARY 12, 6:30 TO 8:30  
MARCH 4, 6:30 TO 8:30**

**PRESENT SITUATION**

1. We are experiencing an epidemic of disconnections in many areas of life today. What was connected that gave us security is disconnected. The expectations we had are shattered, if not wiped out.
2. This epidemic of disconnections is going to increase over the next three years as military personnel and families experience disconnections in employment, from military to home experiences, economic struggles, marriage and family conflicts, faith emptiness and hopelessness, and inner personal issues.
3. Faith communities can become accepting places where veterans and families can tell their stories about their present situations for mutual understanding.
4. Faith connections can be identified and practiced to accept the past, identify present realities and practice faith connections for new life directions.

**RESOURCES**

1. Chaplain (civ) Fred Shilling will lead the two workshops for interested persons. He will share his experiences with veterans and families over the last 7 years in connecting with faith connections for their own healing and moving into new life directions. He will describe biblical practices.
2. Each participant will receive a manual on Faith Connections through God's Thumbs Up.
3. Each participant will identify and practice one's own faith connections and new life directions. Each person will practice faith connections conversations between the two workshops.

**REGISTRATION:**

1. Email Pastor Chuck Oberkehr, [pastor@epiphanylutheran.org](mailto:pastor@epiphanylutheran.org), or call him 703 780-5077 to register. The workshops are limited to 20 persons. Participants should attend both workshops.
2. Cost for the two workshops, manual and other resources is \$10.00.
3. For more information, contact Chaplain Fred Shilling, [fredmar@pa.net](mailto:fredmar@pa.net), 717 637-0185.