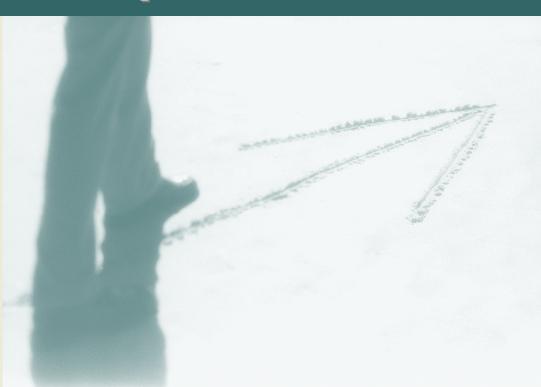
## There are times when everyone feels overwhelmed. No matter what kind of difficulty you face, here's a confidential place to start.

Portico Benefit Services
EAP partner
800-432-5155 or
myportico online

Fellowship of Recovering Lutheran Clergy 651-356-1073 or www.frlc.org

Center for Pastoral Counseling of Virginia (also in D.C.) 703-903-9696 or pastoralcounseling.com



Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. = Matthew 7:7